

smallGROUPS

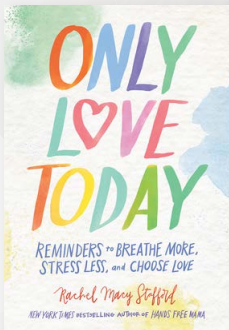
fall 2020

Cultivate WOMEN'S GROUPS

Cultivate Women's Ministry leaders want you to know that we are praying for all members of our church family during these uncertain times. We miss gathering for our in-person Bible studies and special activities – we especially will miss our big fall event, Pop Up Shops.

During the spring 2020 semester, Cultivate women had over 130 women participate in various small groups. We are excited that our small group ministry is growing.

Due to the COVID-19 crisis, Cultivate will not be able to offer as many small groups for fall semester. Two small groups that have been meeting together for the past two and a half years will continue to meet, and three new groups are forming. The following three groups are available for sign-up now:



ONLY LOVE TODAY: REMINDERS TO BREATHE MORE, STRESS LESS, & CHOOSE LOVE

BY RACHEL MARY STAFFORD

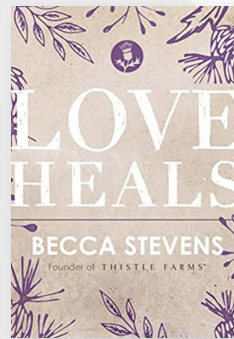
This is a book of short, non-dated inspirational pieces built upon the seasons of life. The words of encouragement are designed to bring clarity when you are conflicted, unity when you are divided, rest when you are weary, and faith when you are uncertain. Meetings will be based on discussions about how the readings relate to our everyday lives.

LEADER: Janice Stewart, Director of Wellness at FUMCT.

TIMES: Wednesday nights from 6:00-7:00 beginning September 23rd.

LOCATION: FUMCT Room TBA.

TO REGISTER: Email Janice at janice@fumct.org.



LOVE HEALS

BY BECCA STEVENS

(Founder of Thistle Farms)

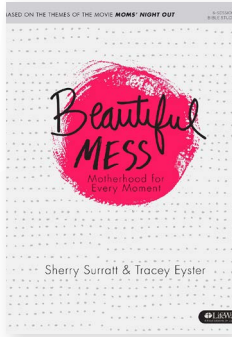
Have you struggled with wounds, grief, or longing for justice? Love heals us and hope is always possible. The author shares true stories of healing and joy where brokenness is transformed into compassion. In each chapter, Stevens provides encouragement and practical steps for anyone going through a difficult season or searching for a deeper faith.

LEADER: Terri Boman

TIMES: Monday nights from 6:00-7:30 beginning September 14th.

LOCATION: Virtual class on Zoom.

TO REGISTER: Email Terri at terricbomanphd@gmail.com.



Cultivate GROUP

BEAUTIFUL MESS: MOTHERHOOD FOR EVERY MOMENT

BY SHERRY SURRATT AND TRACEY EYSTER

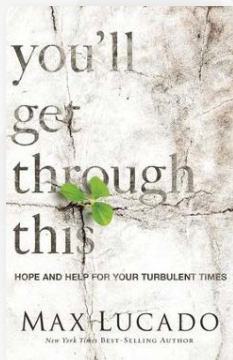
As much as women desire to be mothers, sometimes the challenges and circumstances are not what they ever expected. Parenting leaves many moms wondering: How can I love today when my child is deliberately disobeying me? Why can't I get it together? Am I getting anything right? This 7-session study helps each mom discover (or remember) that she is the mom God chose for her children, God is working through her life, and she is a beautiful mom. Join us for laughs, encouragement and love as we all confront and get comfortable with the "Beautiful Mess," we call life.

LEADER: Shannon Chandler

TIMES: Wednesday nights from 8:30-9:30 beginning September 16th.

LOCATION: Zoom

TO REGISTER: Email schandler@sheltonstate.edu.



YOU'LL GET THROUGH THIS

BY MAX LUCADO

This six-week study combines a video lesson with teaching that focuses on hope. In this book, Max will help you:

- Find comfort that you are God's child and God cares deeply for you.
- Remember that God is near you and has never left you.
- Take courage that God will restore even the most painful circumstances and use them for good.

With the compassion of a pastor, the heart of a storyteller, and the joy of one who has seen what God can do, Max explores the story of Joseph and the truth of Genesis 50:20.

LEADER: Rev. Sandy Felkins

TIMES: Wednesday nights 5:00-6:00 beginning September 23rd

LOCATION: The Lee Class

TO REGISTER: email Sandy Felkins sandy@fumct.org

OTHER SMALL GROUPS

COUPLES GROUP

THE WORLD, BELIEFS, LIFE, AND ME

Join us for conversations about all the real things that weigh us down, fill up our calendars, and cause us to lose sight of the things that are actually important. The hope is that through honest conversations, we can begin to live more fully, focus on the right things and make a bigger impact.

LEADERS: Amy & Josh Howard

TIMES: Sunday evenings from 4:00-5:00 p.m.; September 27th- November 1st.

LOCATION: In-person dinner on September 27th & November 1st; Zoom on all other Sunday nights.

TO REGISTER: Email ahoward@fumct.org.

MEN'S GROUP

FUMCT MEN

Welcome to FUMCT MEN! Are you looking for a way to connect with other men at First Church? Are you looking for a place to immerse yourself in the Bible and discuss scripture with other men? If you are looking for a place of community and service, please plan on checking us out. Men of all ages are welcome.

LEADER: Mike Greene

TIMES: Wednesday evenings from 6:00-7:00 beginning September 16th.

LOCATION: Covenant Classroom on the 3rd floor of the adult education building.

TO REGISTER: Email mjwgrene@icloud.com.